



BACK BY POPULAR DEMAND

When self defense is the only option

Women's **SELF DEFENSE**

- ✓ Empowerment & Self Confidence
- ✓ Positive Attitude
- ✓ Protect Yourself
- ✓ Learn how to become Stronger
- ✓ Increased Fitness, Flexibility
- ✓ Sharper Focus

Spaces Are Limited. Register at
Events at www.cervizzisma.com or
thru the MyStudio App



JOIN US NOW!

\$59 Per Person

Saturday, August 22, 2026
1:30 PM to 3:30 PM

Cervizzi's Martial Arts Academy of Andover
Ages 14 and UP



Cervizzi's Martial Arts Academy of

2 Dundee Park, Suite B03, Andover, MA

www.cervizzisma.com

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